

Tiogue kicks off Kindness and Spirit Week

Coventry elementary is participant in nationwide initiative all week long

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COVENTRY — The Kickoff for Kindness and Spirit Week received rousing support Monday afternoon at student assembly held at Tiogue Elementary School.

Throughout the upcoming week, students will learn about and participate in acts of kindness as part of the Great Kindness Challenge.

The challenge, known nationwide, asks students to perform as many acts of kindness as possible within a week's time.

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Students at Tiogue Elementary spell out "kindness matters" at an assembly yesterday.

Tiogue spreading kindness

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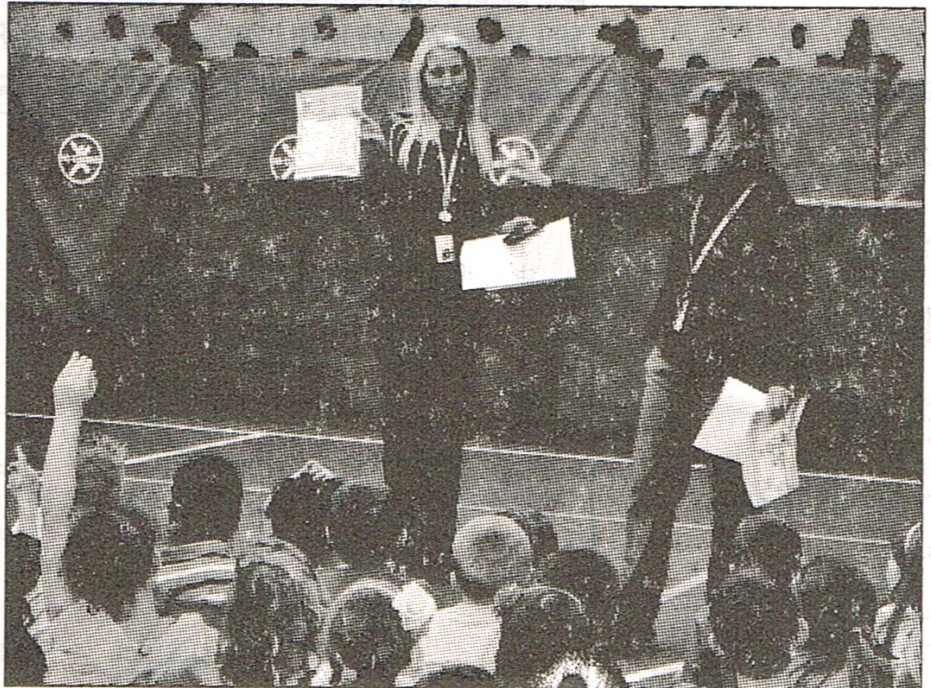
Tiogue Elementary School Principal Louise Seitsinger said each day there will be a special activity to mark the day.

Along with the pep rally, students read "Have You Filled Your Bucket Today?" and over the week, everyone will start creating kindness rings to go around their classrooms then once the warmer weather arrives, the school will gather outside and all the classrooms will connect their rings to go around the field's fence as a way of honoring Rachael Scott, a creative student who was killed in the Columbine High School shooting in 1999.

She came up with the idea to have the special week through Twitter.

"We want to spread her legacy of what she believed in to spread kindness to everyone," said Seitsinger. "Her five beliefs were to make a difference, seek positive influence, speak kindly, erase prejudice and dream big."

"This goes along with our core beliefs and we want to instill these values in our kids, not just for Kindness and Spirit Week but every week," she



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Tiogue Elementary School Principal Louise Seitsinger introduced students in Kindergarten through second grade to spreading kindness throughout the school this week.

said. "We are really looking forward to celebrating our week of school spirit and kindness together."

Each student received a hand-out with a list of suggestions of acts of kindness such as smile to 25 people, slip a nice note into a friend's backpack, pick up 10 pieces of trash on the school's grounds and tell a joke to make someone laugh.

"We want to bring out the best in our kids because we do

have kids who have a wonderful, giving spirit and that's the culture in the Coventry schools," she said.

Tuesday is "crazy for kindness," with crazy hair day; Wednesday is "team kindness," when students can wear sports teams colors; Thursday is "tied together by kindness," where students can wear a tie of some kind and Friday is "peace, love and kindness" also known as hippie day.