

## Blackrock Students Get 'Flashy' for Wellness Week

Faculty and students joined together for a school-wide Flash Mob Dance on Friday.

By [Lauren Costa](#) | May 30, 2012



To wrap up their portion of the district-wide Wellness Week, students, teachers and even a few parents from Blackrock School came together on the sports field to perform a well-rehearsed "Flash Mob Dance" on Friday afternoon.

Participants grooved to a [Kidz Bop version of the hit song, "Party Rock Anthem"](#), and incorporated fitness moves like high steps and jumping jacks into their dance.

And of course, as the song suggests, there was a lot of 'shuffling'.